**Practice Update**

***Social Prescribing (Norfolk and Waveney)***

Social prescribing enables GPs, nurses, and other primary care professionals to refer   
people to a range of local, non-clinical services.

Social prescribing enables patients to find non-clinical solutions to improve their own health and wellbeing by supporting them to connect with their local community. This can include advice and information on local services and connecting individuals to social activities, clubs, groups, and like-minded individuals in their community. The practice will do this by employing someone to act as a ‘link’ between the practice, the patient and non-clinical services within the community.

* Find out more information about  [**Social Prescribing**](https://www.england.nhs.uk/personalisedcare/social-prescribing/)

The practice is now partnering with JOY who provide a digital platform to allow us to exchange information with social prescribing providers.

Find out more about [**Joy**](https://www.thejoyapp.com/?utm_term=joy%20the%20app&utm_campaign=Brand+building&utm_source=adwords&utm_medium=ppc&hsa_acc=9536773486&hsa_cam=19323662530&hsa_grp=143252144303&hsa_ad=642184902197&hsa_src=g&hsa_tgt=kwd-1934608724341&hsa_kw=joy%20the%20app&hsa_mt=p&hsa_net=adwords&hsa_ver=3&gad_source=1&gclid=CjwKCAiAnKi8BhB0EiwA58DA4Wp9Wf-261I-Tbdqkxfx6ZLVx_AN7BYgtUwqjOyVYWsUvWR-tUvRxBoC9UgQAvD_BwE)

Current providers participating in Social Prescribing in the Norfolk and Waveney area include:

* [Breckland Council](https://www.breckland.gov.uk/social-prescribing)
* [South Norfolk and Broadland Council](https://www.southnorfolkandbroadland.gov.uk/communities/help-hub)
* [MAP](https://www.map.uk.net/here-you)
* [Norfolk and Waveney MIND](https://www.norfolkandwaveneymind.org.uk/)

Your GP practice will refer patients to one of these providers and will send basic information such as name, NHS No, address, date of birth and background to their health and wellbeing needs.

The providers are bound by confidentiality in the same way that practice staff are and there is a Data Sharing Agreement in place to ensure that personal data is used in a lawful and appropriate way.

You can find more information about lawfulness, your rights and how to ask us questions by visiting our privacy notice at [GDPR/privacy notices – The Beaches Medical Centre](https://thebeachesmedicalcentre.co.uk/surgery-information/policies/gdpr-privacy-notices/).